

# Aloe Herbal Cleanse™

## FAQ'S

**Question: I'm not sure on how to take the cleanse. The bottle says to take at bedtime. what is not clear is whether to take 1 bottle a day for 7 days and.....how often to do a cleanse. I don't see anything on the site to help me with this.**

Answer:

One (1) 2oz bottle of DynaMAXX Aloe Cleanse should be taken at or before bedtime for ten (10) consecutive days. The DynaMAXX Aloe Cleanse is designed to work gently and naturally to detoxify the gut. Depending on many factors including but not limited to; the overall condition of your gut, your diet, your age, how much water you drink and so on, you may repeat the Cleanse program every thirty (30) days.